



15 THROUGH LAHEMAA NATIONAL PARK



PRACTICAL INFO:

Starting / end point: Tallinn.

-  **Eisma.**
-  **Kasispea.**

DAY 1



Tallinn – Vihula or Tallinn – Sagadi.

Accommodation in Vihula or Sagadi.



EISMA – KASISPEA

Estonia

Itinerary: TALLINN – EISMA – OANDU – KÄSMU – KASISPEA – VIINISTU – TALLINN

Hiking route length:

 **52 km**

Duration: **5 days (hiking 3 days)**

Difficulty level: 

On this tour you will enjoy the diversity of nature in Lahemaa National Park – the oldest national park in the Baltic states. Lahemaa – means “the land of bays” in Estonian. It is characterised by many bays, peninsulas, forests and villages rich in cultural heritage. The Forest Trail will go along the bays and peninsulas of Lahemaa National Park, introducing the hikers to its most significant natural and cultural heritage. The forests are rich with blueberries and mushrooms in autumn, and the air is very clean.


You will start the tour from Tallinn, going by bus to Lahemaa National Park, where you stay overnight in one of the beautiful manors. On the next day you will hike till Oandu. En route you will see Altja – a scenic traditional fishing village, where a traditional Estonian tavern is located and you can enjoy traditional meals. In Oandu there is the visitor centre of the Estonian State Forest Management (RMK), where hikers can learn more about forest habitat types and forest management traditions.




Then you will reach Käsmu Peninsula with its wooded dunes and moss-covered rock fields, giving the feeling of being in a fairy tale. Käsmu is also a popular Estonian sea captains’ village. There you can visit the Marine Museum and lighthouse, as well as have an extra walk to the Vana-Jüri rocks.


During the day from Käsmu to Kasispea you will see some of the most impressive boulders in Lahemaa National Park, the Tammispea and Jaani-Tooma boulders, which resemble huge monoliths. You will end the tour in Viinistu Village, where we suggest visiting Viinistu Art Museum.




DAY 2


 Private transfer to Eisma.

 **Eisma – Oandu**
 16 km  5 – 7 h

 Mainly small forest roads and trails, a sandy beach for a small stretch of the road. Paved road from Eisma to Vainupea and from Altja to Oandu.

 Easy



 Be careful when walking on the side of the road!


 The closest shop to Oandu is a full day's walk, you need to take some food for dinner.

Accommodation in Oandu.





DAY 3

 **Oandu – Käsmu**
 18 km  6 – 8 h

 Half of the distance comprises forest trails and roads, the rest of it runs along paved road.

 Easy

 Be careful when walking on the side of the road!


 The Käsmu Peninsula is surrounded by a dense network of hiking trails, so you can stay here for another day and explore the local trails.

Accommodation in Käsmu.





DAY 4

 **Käsmu – Kasispea**
 18 km  6 – 8 h

 A third of the distance comprises forest roads and trails, some gravel roads, paved roads.

 Easy

 Be careful when walking on the side of the road!

 There are no shops or caterers between the start and finish points of this section. You need to take lunch boxes.

 Private transfer to Viinistu.

Accommodation in Viinistu.



DAY 5

 **Viinistu – Tallinn.**
Accommodation in Tallinn.

