

② THE GREATER WAVE SEA: LIEPĀJA - VENTSPILS

Itinerary: LIEPĀJA - VENTSPILS
 Hiking route length: **92 km**
 Duration: **6 days**
 Difficulty level:

The Baltic Sea littoral on the West coast of Kurzeme is called the Great Wave Sea. The seacoast is mainly sandy. While the Great Wave Sea section is the least populated coastal area in Latvia, at the same time, the third biggest city in Latvia, Liepāja, is also located there. Steep bluffs rise before your eyes on the seacoast between Pāvilosta and Sārnate. The villages are quiet and sparsely populated. At the beginning of the route, you can see the Soviet military heritage in Liepāja Karosta Prison, taste smoked local fish in Pāvilosta and then enjoy one of the most beautiful views of the entire route to the seacoast from Užava lighthouse. The route closes in the port city of Ventspils, where there are various entertainment and sightseeing places, especially for families with children.



It is possible to arrange transfers and/or luggage transfers from one accommodation place to another.

You can also take a shorter route Jūrkalne - Sārnate (14 km) and then organise a transfer back to Jūrkalne.



DAY 1

Bus ride Rīga - Liepāja or
by train (on Friday evenings).
 Or **by plane** from Rīga airport.

Excursion in Liepāja.
Accommodation in Liepāja.



DAY 2

Hiking
LIEPĀJA - ZIEMUPE
 22 km 8 - 10 h

PRACTICAL INFO:

Difficulty level: /

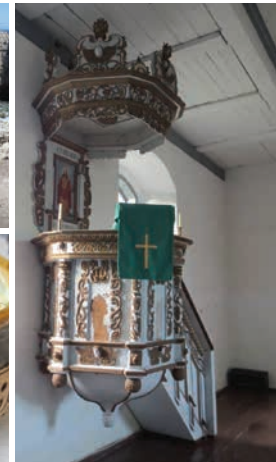
Road surface: Sandy and pebbly beaches, coastal trails, occasionally soft, silted sand, in some places there are stones and structures protecting against coastal erosion.

Dangerous places: Personal safety must be ensured in the surroundings of the fortifications. They are washed away by the sea and are not equipped with amenities. It is not recommended to wade through the sea as there are sharp and dangerous underwater objects.

Good to know! Near Saraiki, there is no access to the sea for the public (private properties).

No shops or catering are available from Karosta to Ziemeļupe. (Only small snack bar in Ziemeļupe parking place during the summer time). Need to take lunch boxes.

Accommodation in Ziemeļupe.



DAY 3

Hiking
ZIEMUPE - PĀVILOSTA

21 km → ⌚ 7 – 9 h

PRACTICAL INFO:

Difficulty level: ●

Road surface: Sandy, pebbly (with little pebbles), occasionally wide (near Akmensrags), occasionally narrower sandy beaches. In Pāvilosta, asphalt.

Dangerous places: There are no pedestrian sidewalks in Pāvilosta.

Good to know! No shops or catering is available between Ziemupe and Pāvilosta. Need to take lunch boxes.

Accommodation in Pāvilosta.



DAY 4

Hiking
PĀVILOSTA - JŪRKALNE

20 km → ⌚ 7 – 9 h

PRACTICAL INFO:

Difficulty level: ●● / ●●●

Road surface: Sandy, pebbly beaches (with pebbles of different sizes), beaches covered in small stones. Near Pāvilosta and Jūrkalne: wide sandy beaches.

Dangerous places: A ~ 0,5 h walk from Pāvilosta, the beach narrows and is covered in stones. There are two locations under the bluffs with a length of 100 – 200 m where you may have to wade through shallow water in case of a heavy swell on the sea due to strong W, NW or SW winds or during storms. So the bluffs cannot be used for moving forward.

Good to know! No shops are available between Pāvilosta and Jūrkalne. Need to take lunch boxes. Suitable footwear is necessary, walking poles are advisable for support.

Accommodation Jūrkalne.





DAY 5

Hiking
JŪRKALNE - UŽAVA

29 km   10 – 13 h

PRACTICAL INFO:

Difficulty level:  / 

Road surface: Sandy, pebbly beaches (with pebbles of different sizes) and sandy – beaches, in some places, small stones.

Dangerous places: When you get to the Užava Lighthouse, you have to take a trail through the concrete breakwaters. You can wade across the Užava River during low water. There is a bridge located 0,3 km away from the mouth.

Good to know! You have to shop in Jūrkalne as there are no shops and catering in Sārnate, closest shop is in Užava. Need to take lunch boxes.

Walking poles are advisable for support.

Private transfer to Ventspils (25 km).

Accommodation in Ventspils.



DAY 6

Excursion in Ventspils.

Bus ride: Ventspils - Rīga (3 - 4 h).

