



THE ROCKY BEACH OF VIDZEME: SAULKRASTI - SVĒTCIEMS



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Itinerary: SAULKRASTI - LAUČI - TŪJA - SVĒTCIEMS
Hiking route length:  52 km
Duration: **2 days**
Difficulty level: 

This section of the seacoast of Vidzeme is of outstanding scenic beauty with a lot of rocky capes and boulders in the sea alternating with small, sandy coves where the small streams and rivulets, which dry out in summer, flow into. Occasionally, the beach is completely covered with the gray backs of stones. In Zvejniekciems you need to make a detour around the estuary of the Aģe River and the Skulte port. In some places, small patches of reeds appear, while near Tūja you will see the first sandstone outcrops. Some part of the route can be covered via the beach or via a trail meandering through the dune forest with old pines. At the end of the route, you can see the unique lamprey fishing method - Svētupes nēģu tacis.



It is possible to organise a transfer to/from the place of accommodation, as well as from the finish point to Rīga

You can also choose a shorter route: Saulkrasti - Lauči (13 km) and then arrange a transfer to Rīga or Saulkrasti.

DAY 1

Going by train: Rīga - Saulkrasti (1 h, train operates ~ 1 x per hour).

Arrival in Saulkrasti, walk to the sea ~ 1 km.

Hiking
SAULKRASTI - TŪJA

28 km   9 - 12 h

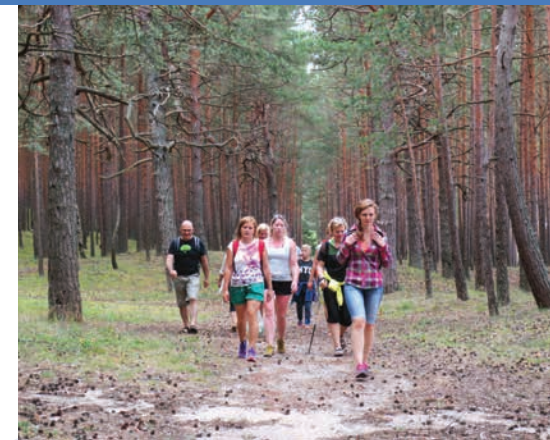
PRACTICAL INFO:

Difficulty level:  / 

Road surface: Fine gravel, sand, plank-ways, forest trails. In Zvejniekciems, asphalt, bays with sandy beaches, capes with stones, in some places, pebbles.

Good to know! In some places, fine gravel is washed ashore which makes walking difficult. The stones overgrown with algae are slippery. A lot of stones "move". You will need suitable (closed) footwear and walking poles for support.

Accommodation near Tūja.





DAY 2

Hiking
TŪJA - SVĒTCIEMS

24 km → ⌚ 8 – 10 h

A bus ride Svētkiems – Rīga (the stop is 1 km from the sea, the bus runs 7-9 times a day) or stay overnight at Svētkiems.

PRACTICAL INFO:

Difficulty level: ●●●

Road surface: Rocky beaches, grassy/reedy coastal sections, gravel roads, asphalt, forest trails, occasionally algae washed ashore (algae scum).

Good to know! The sandstone outcrops are composed of an unconsolidated and unstable material, which is why it is not safe to approach them from the top and the bottom or to crawl into the caves washed out by the waves.

