ALONG PÄRNU BAY: HÄÄDEMEESTE – PÄRNU



This section of the Baltic Coastal Hiking Route is suitable to hardy hikers who like to travel across uninhabited places. In many places, reeds, floodplains with pastures and wetlands stretch across the Estonian seacoast, which is why the itinerary often leads you along forest and country roads. In the second half of summer you can pick the mushrooms and berries in the coastal forests. Pärnu is a popular resort city with many cafés, live music, SPAs, hotels and a beautiful Old Town.



It is possible to arrange a transfer to the starting point from Pärnu and to the place of accommodation

DAY 1

Bus Pärnu – Häädemeeste (bus operates ~ 13 times a day).

Hikina

HÄÄDEMEESTE - UULU

26 km



8 - 10 h

PRACTICAL INFO:

Difficulty level:



Road surface: Forest roads and small trails, in some sections, gravel road, sand, roads overgrown with grass, asphalt in the most populated areas.

Obstacles: There are wetlands on the coast. so this section of the itinerary moves inland. You can cross the streams by bridge. In some places, trees may have fallen upon the trail.

Good to know! No catering services are offered, and no shops are available throughout the whole section. Need to take lunch boxes.

Accommodation near Uulu







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DAY 2

Hiking **UULU - PÄRNU**

21 km



(L) 7 – 9 h

PRACTICAL INFO:

Difficulty level:



Road surface: Forest roads and small meandering trails, gravel roads, grassy base, in the city: asphalt pavements, pedestrian and cyclist lanes. Sandy beach with a slight mixture of rocks and pebbles at Reiu beach, sandy at Pärnu beach.

Obstacles: You can cross the Uulu Canal by bridge. The itinerary has to be covered according to the indications of the GPX file or the map, as impassable wetlands cover the seacoast throughout its entire length.

Good to know! No catering services are offered along the way, except finish point in Pärnu. Need to take lunch boxes.

Accommodation in Pärnu.

From Pärnu, it is easy to get to Rīga and Tallinn by bus.









