



## Sabile – Kandava

One of the most beautiful nature parks in Kurzeme

The Forest Trail continues along the left bank of the Abava, along Kr. Barona street. Further, as a small path, it crosses the meadows and forest clusters of the Abava valley until it reaches a hill called the Swedish hat (Zviedru cepure). After Zviedru cepure, the Forest Trail goes along a small country road to the Plosti – Pūces road (V1471), crosses Amula and at Kalnmuiža winds up in the Abava valley, along which the next 6 km leads to Aizdzire Manor park. Another 1 km to the north the Forest Trail crosses the Abava valley in its full width, revealing some of the most beautiful views of the valley. The depth of the Abava valley in this place is about 40 m. After the Fisherman's Bridge (Zvejnieku tilts), the Forest Trail rises on the northern slope of a valley where vineyards are planted. Winding through the forest, it crosses the Kandava–Renda road (P130) and further along Sabiles street reaches Kandava. Along the Lauku, Ozola, Zīļu, Sabiles and Pils streets of this picturesque small-town the Forest Trail reaches the Knights' Castle Mound. Throughout the section, the Forest Trail winds through the nature park "Abavas senleja" ("Abava valley").



### PRACTICAL INFORMATION

..... 21 km

⌚ 5 – 7 h

🚩 Sabile, a bridge over the Abava

🚩 Kandava Knights' Castle Mound



Sabile – Zviedru cepure –  
Lejaslankšēde – Kalnmuiža –  
Aizdzire – Kandava



Gravel roads and dirt roads,  
in a short section – trails, in  
Kandava – asphalt, pavement.



Easy

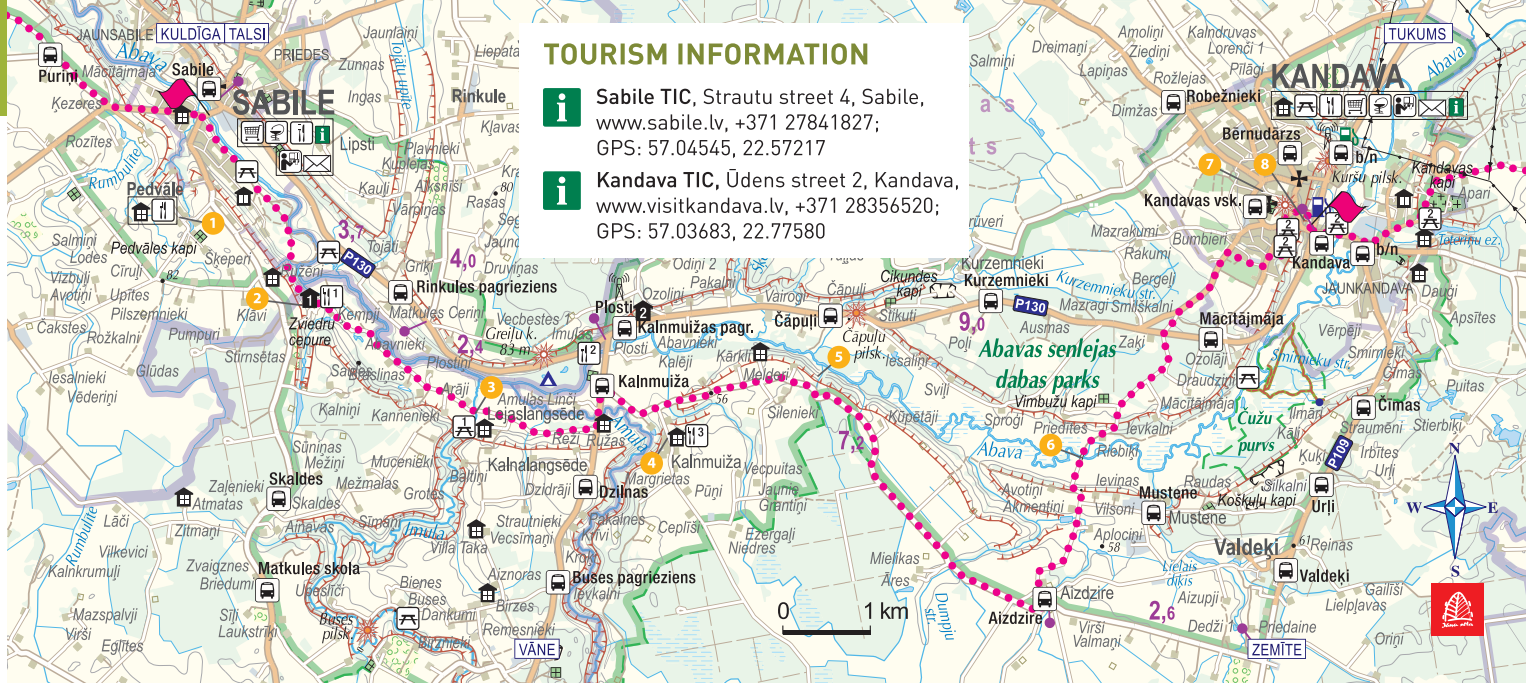


Be careful when crossing the Fishermen's reinforced concrete bridge and walking along the side of the road!



It is worth spending at least half a day visiting Kandava and walking along the Čūžu bog nature trail.





## TOURISM INFORMATION

**i** Sabile TIC, Strautu street 4, Sabile, www.sabile.lv, +371 27841827; GPS: 57.04545, 22.57217

**i** Kandava TIC, Ūdens street 2, Kandava, www.visitkandava.lv, +371 28356520; GPS: 57.03683, 22.77580

## NATURE

The Forest Trail leads down Ozolu street and Zīļu street (“oak” and “acorn”), near which there is an open-air stage “Ozolāji” (“oak-trees”). Many oaks and small oak stands can be seen on the banks of the Abava valley. Oaks have a special significance in the religion and mythology of the Baltic nations. There was a belief that the deities Māra and Meža māte (the Mother of the Forest) lived in the oak groves. By the tree, the deities were prayed and given sacrifices, the spirits of the ancestors were fed, magic rituals and divination took place. Oaks are mentioned in Latvian folk songs, and nowadays, the coat of arms of the Republic of Latvia is decorated with oak-tree, as were national banknotes. Oak branches and leaves are used for anniversaries and other celebrations – Midsummer wreaths, family celebrations, Song Festival, etc. In the past, coffee was made from oak acorns. There is information that Latvian oaks have the densest wood, therefore it was popular with European medieval artists. Oaks larger than 4 m in circumference are protected trees and are included in the list of large trees. In the Tukums region, there grows the Kaive Oak (circumference 10.2 m) – the thickest tree in the Baltics. Unfortunately, oak forests were ruthlessly felled in previous centuries and now only small fragments have survived. Today, oak forests are protected habitats and important place of life for many protected species of plants, mushrooms and animals.

## WORTH SEEING!

- 1. Pedvāle Art Park.** Scenic park of environmental art objects with long walking trails. Firkspedvāle Manor houses an international artist's residence. +371 29133374; GPS: 57.03339, 22.56661
- 2. Piltiņkalns or “Zviedru cepure” (the Swedish hat).** According to legends, a Swedish general was buried here, and many hats with sands were brought to the hill. There is a toboggan run and a buggy track. +371 26405405; GPS: 57.02443, 22.59270

- 3. Imula trail.** The trail starts at the Imula estuary to the Abava. Its length is 4.3 km. Views of the Imula valley, Lanksēde Devil's Foot stone (Velna pēdas akmens). GPS: 57.01390, 22.62308
- 4. Kalnmuīža.** Early 19th century buildings. +371 26699033; GPS: 57.01161, 22.65919
- 5. Abava Devil's Stone.** An almost oval reddish stone, the witness of Stone Age glaciers. Protected geological and geomorphological natural monument. GPS: 57.01844, 22.68730
- 6. Fishermen's bridge (Zvejnieku tilts).** Unfinished reinforced concrete bridge over the river Abava. GPS: 57.01052, 22.73726
- 7. Kandava Museum, Art gallery and craft center.** By prior arrangement, you can taste Kandava acorn coffee here. +371 26667031; GPS: 57.03823, 22.77046
- 8. Ruins of the Livonian Order Castle.** Only the Powder Tower has remained from the castle, but a model of the castle can be seen at the foot of the castle mound. GPS: 57.03526, 22.77844

## SERVICES

### Accommodations

- 1. Recreation center “Zviedru cepure”,** +371 26405405; GPS: 57.02449, 22.59265
- 2. Holiday houses “Plosti”,** +371 25617127; GPS: 57.02412, 22.65411
- 3. Guest house “Ružas”,** +371 29402605; GPS: 57.01267, 22.64751
- 4. Hotel “Kalnmuīžas pils”,** +371 26699033; GPS: 57.01165, 22.65942
- 5. Guest house “Kārklī”,** +371 29177356; GPS: 57.02015, 22.67621
- 6. Tent site “Vitiņi”,** +371 29414050; GPS: 57.01191, 22.62371
- 7. Hotel “Kandavas Sporta halle”,** +371 63107360; GPS: 57.03598, 22.76748
- 8. Hotel “Kandava”,** +371 26406733; GPS: 57.03598, 22.77616
- 9. Guest house “Pils”,** +371 26438887; GPS: 57.03565, 22.77961
- 10. Apartments “Kūrorta iela”,** +371 29116750; GPS: 57.03353, 22.77911
- 11. Holiday house “Villa Jaunkrastmaļi”,** +371 28368889; GPS: 57.04500, 22.77836

- 12. Tent site “Nāriņa”,** +371 29105411; GPS: 57.03333, 22.80147
- 13. Guest house “Dižpriedes”,** +371 26555597; GPS: 57.03004, 22.79970
- 14. Youth hostel “Kandavas lauksaimniecības tehnikums”,** +371 29550208; GPS: 57.03703, 22.79749



### Catering

- 1. Cafe “Zviedru cepure”,** +371 26405405; GPS: 57.02449, 22.59265
  - 2. Cafe “Plostkrogs”,** +371 29196494; GPS: 57.02085, 22.64578
  - 3. Restaurant “Kalnmuīžas pils”,** +371 26699033; GPS: 57.01165, 22.65942
- Catering in Kandava: www.visitkandava.lv



### Shops

- “Linda” in Kandava, +371 26100060; GPS: 57.03638, 22.77607  
 “Vītolī” in Kandava, +371 28904724; GPS: 57.03386, 22.78066  
 “Maxima” in Kandava, +371 80002020; GPS: 57.03598, 22.78166  
 “Citro” in Kandava, +371 28558825; GPS: 57.03353, 22.78372



### Pharmacies

- “Vecā Aptieka” in Kandava, GPS: 57.03574, 22.77559  
 “Aptieka Ozolāji” in Kandava, GPS: 57.03302, 22.78091



### ATMs

- “Swedbank” in Kandava, GPS: 57.035914, 22.781530  
 “SEB” in Kandava, GPS: 57.03371, 22.78368




### Public transport

On the route Sabile–Kandava the bus runs ~ 10 times a day. www.1188.lv



### Resting areas

- 1. “Vitiņi”,**  GPS: 57.01191, 22.62371
- 2. Kandava,** GPS: 57.03176, 22.77602; GPS: 57.03371, 22.77637; GPS: 57.03401, 22.78456; GPS: 57.03405, 22.80153