



Vilkija – Padubysys

Between the valleys of two rivers – the Nemunas and the Dubysa

The first kilometre the Forest Trail leads along the bank of the Nemunas, then turns off the Kaunas–Jurbarkas road (No. 141) and continues on a pedestrian / bicycle path to Ringovė mound. Turning to the right to the north, the Forest Trail crosses a small forest massif (entomological nature reserve for insect protection) and further follows the road No. 1929. After 2 km, the Forest Trail turns left and travels through agricultural lands. Before Lazduoniai village, it crosses the deep valley of the Lazduona river, follows the road No. 1917 for 0.2 km and then turns right to the northwest until it reaches the deep and wide Dubysa river valley. In the next 2 km, the Forest Trail winds along a country road on the left bank of the Dubysa, where you can see solitary farmsteads. The river water is clear in summer, the flow is calm and it is interrupted only by the remnants of the former mill dam. Finally, the Forest Trail winds up on the steep bank of the Dubysa river valley and reaches the destination of this section.



PRACTICAL INFORMATION

..... 16 km ⌚ 4 – 6 h

🚩 Vilkija ferry across the Nemunas

🚩 Padubysys village by “Zalensų sodyba” (tourist accommodation)

📍🚶 Vilkija – Lazduoniai – Padubysys



Gravel roads, in a small section – asphalt (pedestrian / bicycle path) and trails with natural surface.



Easy



Be careful when walking along the side of the road and crossing the road No.141!



Shops are available only in Vilkija town.



NATURE

In the second half of the summer, tansy (*Tanacetum vulgare*) grows abundantly in the dry meadows of the Nemunas. It is a perennial plant of the Asteraceae family with many yellow flowers in the flower cluster, which have an aromatic scent. The leaves and roots of the plant are poisonous, but its flowers are used in folk medicine to expel worms, treat gastrointestinal diseases, headaches, rheumatism, for the removal of oedema, as well as epilepsy and hysteria. The tansy as a treatment plant should be used with caution. In case of poisoning, abdominal pain, vomiting and diarrhoea may occur, but in more severe cases the central nervous system is affected. Then you need medical help.

WORTH SEEING!

- 1 Dubysa river.** The longest river that flows only in the territory of Lithuania. Very popular among kayak enthusiasts. GPS: 55.07820, 23.42043
- 2 Ringovė mound.** Also called Pilike or Merry Mountain. An important monument in honor of Lithuanian battles with the Crusaders. GPS: 55.05035, 23.52178
- 3 Ringovė entomological nature reserve.** Founded in the valleys of the Nemunas and Ringovė rivers to protect the populations of butterfly species and their habitats. GPS: 55.05161, 23.52086
- 4 Purviškiai pond.** Created by damming the Lazduona river (tributary of the Dubysa). GPS: 55.09642, 23.47553
- 5 Palazduonis Spring.** It is surrounded by a forest of mixed trees with 9 springs flowing into one spring. Spring water is considered to have medicinal qualities. GPS: 55.10300, 23.47774

SERVICES

Accommodations

- 1. Homestead "Pas Pinčiuka",** +370 68633209; GPS 55.11163, 23.46954
- 2. Homestead "Zalensų sodyba",** +370 68633209; GPS: 55.11198, 23.47360
- 3. Homestead "Lazduona",** +370 603 85438; GPS: 55.11561, 23.49809
- 4. Camping place "Dubysa",** GPS: 55.12198, 23.47752

Catering

None in this section.

Shops

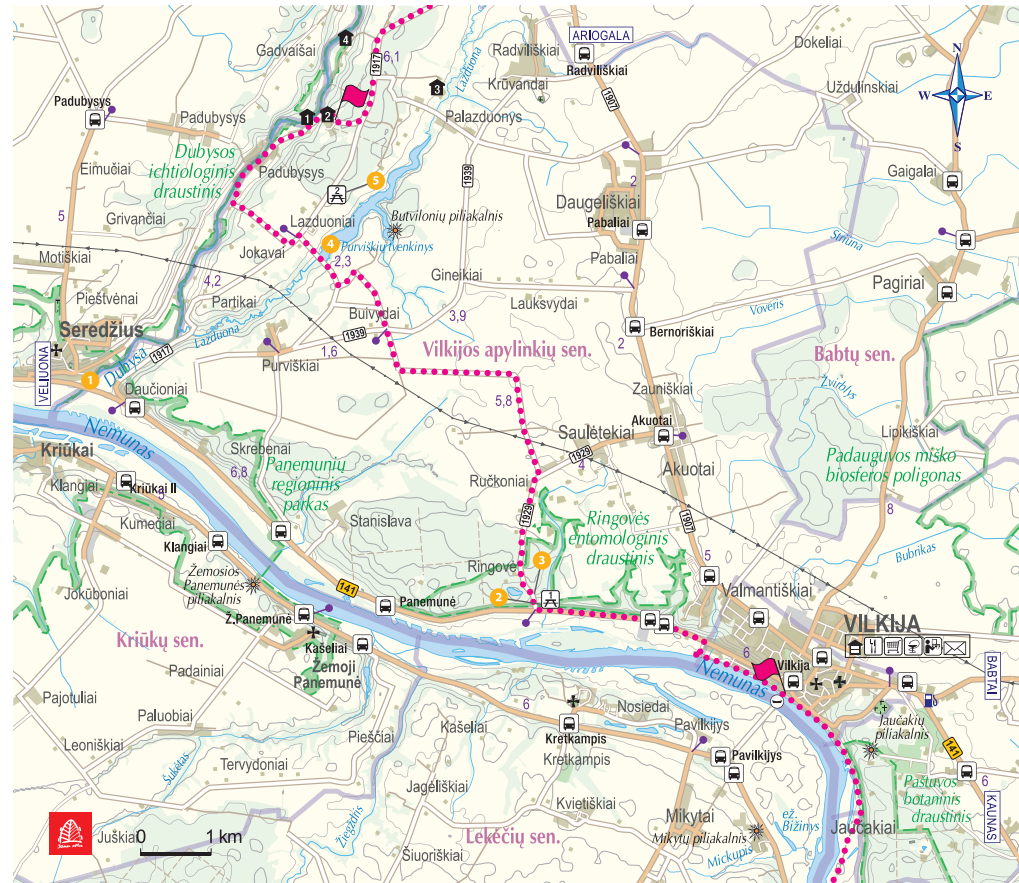
None in this section.

Pharmacies

None in this section.

ATMs

None in this section.



Public transport

Bus No. 153 and 154 runs from Vilkija to Čekiškė 2-3 times a day on weekdays. Possible bus routes and schedules: <https://web.trafi.com/lt/kaunas>

Resting areas

- 1. At the foot of Ringovė mound.** GPS: 55.05014, 23.52165
- 2. Place by the Palazduonis Spring.** GPS: 55.10300, 23.47774

TOURISM INFORMATION

i Kaunas District Tourism and Business Information Center, Pilies takas 1, Raudondvaris, Kaunas district, www.kaunorajonas.lt, +370 37548118; GPS: 54.94292, 23.78322