



Panemunis – Birštonas

Nemunas loops and ethnographic farmsteads

Repeating the loops of the Nemunas, the Forest Trail forms more than 20 km long bend in Nemunas Loops Regional Park, winding through open landscapes and small villages with typical wooden buildings painted in different colours. A larger forest massif can be found only between Siponys and Puzonys villages, through which the route leads along small forest roads. Crossing the Vilnius–Marijampolė road (A16), the Forest Trail descends to the next loop of the Nemunas, where the popular Birštonas resort is located. Along the sidewalk of B. Sruogos street, the Forest Trail reaches the Birštonas Tourism Information Center.



PRACTICAL INFORMATION



25 km



6 – 8 h



Panemunis, in front of homestead “Panemunio sodyba”



Birštonas Tourism Information Center



Panemunis – Siponys – Puzonys – Matiešonys – Žemaitkiemis – Naudžiūnai – Birštonas



Asphalt, in a small section – gravel roads, in Birštonas – pedestrian sidewalks, pavement.



Easy



Be careful when walking along the side of the road and crossing the Prienai road (A16)!



Accommodations must be booked in advance during the season.



It is worth spending at least one day to visit Birštonas. It is convenient to use electric scooters for this purpose, because the city and surrounding roads are suitable for this type of transportation.

NATURE

Nemunas Loops Regional Park was founded in 1992 and aims to protect plants, animals, landscapes and geological monuments. The park includes five large loops of the Nemunas river, in the center of which is Birštonas – one of the most important Lithuanian resorts. Impressive sedimentary outcrops can be seen on the steep banks of the Nemunas loops. The deep ravines of the Nemunas tributaries are also important from the point of view of nature diversity and landscape. Old sloping and ravine forests can be found in the park (see the description of the previous section). The tallest trees in Lithuania grow in the forests of Punia and Prienai. In total, 973 plant and 1713 species of animals (mammals, birds, amphibians, reptiles, insects, etc.) and 505 species of mushrooms have been found in the park. Prienai woodworking masters, who make wooden crosses, are important successors of cultural traditions. The park's visitor center is located in Birštonas.

WORTH SEEING!

- 1 Šaltinėnai mound.
GPS: 54.54859, 23.99806
- 2 Siponys Manor. It was mentioned as early as the 16th century. One manor house has survived to this day.
GPS: 54.53029, 23.99682
- 3 Siponys outcrop.
GPS: 54.51194, 23.99547
- 4 House of Folk's Artist Rimantė Butkuvė. A unique museum surrounded by a forest, where you can meet the wood carver and see the angels created by her. GPS: 54.53154, 23.91530
- 5 Birštonas observation tower. The tallest observation tower in Lithuania (45 m).
GPS: 54.60359, 24.01289
- 6 Škėvonys educational trail.
GPS: 54.60485, 24.00347
- 7 Mineral water "Versmė" buvette.
GPS: 54.60169, 24.02936
- 8 Yellow buvette. Drinking water fountain in Birštonas. +370 31965525;
GPS: 54.59976, 24.03353
- 9 Vytautas Park. Here you will find the monument of Vytautas the Great and Birštonas mound. GPS: 54.59866, 24.03441
- 10 Kurhaus. The wooden architecture building that since 1885 has been adorning the Birštonas resort. It hosts cultural events and has a great restaurant.
GPS: 54.60034, 24.03351
- 11 Kneipp Garden. Based on the methodology of the German physician and clergyman Sebastian Kneipp, a garden was created to harden the body and strengthen immunity. GPS: 54.60089, 24.03399
- 12 Mineral water pavilion "Birutės vila". The closed building has a mineral water pool, fountain, water evaporation wall.
GPS: 54.59973, 24.03484



SERVICES

Accommodations

1. Homestead "Panemunio sodyba"
+370 60104848; GPS: 54.55395, 24.03316
2. Homestead "Punios aidas",
+370 31969026, 68670328;
GPS: 54.53547, 24.00173
3. Homestead "Krakila",
+370 65068298; GPS: 54.52286, 23.96933
4. Birštonas health resort "Versmė",
+370 31965673; GPS: 54.60131, 24.03027
5. "Tulpės" sanatorium,
+370 31965525; GPS: 54.60083, 24.03217
6. Guest house "Vila Klasika",
+370 68208626; GPS: 54.60057, 24.03336
7. Sanatorium "Baltoji Vila",
+370 31965525; GPS: 54.59955, 24.03426
8. Hotel "Banginuko poilsio namai",
+370 62621337; GPS: 54.60111, 24.03586

Catering

1. Cafe "Birštono seklytėlė",
+370 31965800; GPS: 54.60452, 24.00813
2. Cafe "Bokšto terasa",
+370 65066033; GPS: 54.60340, 24.01477
3. Restaurant "Kurhausas",
+370 68723801; GPS: 54.60035, 24.03351
4. Restaurant "Old Town Grill. Birštonas",
+370 60633484; GPS: 54.60170, 24.03606

Shops

Shop-bakery (Birštonas farmstead),
GPS: 54.59214, 24.02870
Birštonas market, II–V 07:00–10:00,
GPS: 54.60395, 24.02194
"Norfa XL" in Birštonas, +370 65526670;
GPS: 54.60483, 24.01962



Pharmacies

"Nvaistinė" in Birštonas,
GPS: 54.60455, 24.02003
"Gintarinė vaistinė" in Birštonas,
GPS: 54.60555, 24.02852



ATMs

"Šiaulių bankas" in Birštonas,
GPS: 54.60263, 24.03174
"Swedbank" in Birštonas,
GPS: 54.60561, 24.02893



Public transport

The Birštonas–Nemajūnai–Siponys bus runs 2 times a day. From Birštonas bus station it is possible to go to Prienai, Kaunas, Alytus, Vilnius, Klaipėda, Druskininkai, Rīga (Ecolines, in summer season). All information: www.autobusubilietai.lt



Resting areas

None in this section.

TOURISM INFORMATION



Birštonas Tourism Information Center,
B. Sruogos street 4, Birštonas,
www.visitbirštonas.lt, +370 31965740;
GPS: 54.60032, 24.03254

