



FORESTS

This part of the Forest Trail and the Gauja National Park is characterised by a gradual transition from diverse, deciduous forests (ash, grey alder, oak, birch, linden) to coniferous stands. A restored park-like forest landscape has been developed at Klaukas bight, where Vējupīte enters Gauja. Nowadays, when meadows and pastures are no longer used for grazing and hay gathering, many bights of the Gauja River overgrow, even though there used to be lush meadows here in early 20th century. The area also featured many large, solitary trees that used to be home to more than 300 species of mosses, lichens, invertebrates, birds and mammals.

LATVIA
GAUJA NATIONAL PARK



SIGULDA - LĪGATNE, 24 km

In the heart of Gauja National Park

After passing through Sigulda, the Forest Trail follows the River Vējupīte to Mound Paradīzes, where a steep staircase leads down into the ancient valley of Gauja River and the ravine of River Vējupīte. It continues to wind down smaller paths through meadows, crossing small rivers whose banks reveal sandstone outcrops. The last six kilometres of this section follow a smaller path down Līgatne Nature Trails. As it draws closer to Līgatne, the Forest Trail moves up the hills of Gauja valley, before descending back down into the deep ravine of Līgatne River, where the village of the former Līgatne Paper Mill is located.

PRACTICAL INFORMATION

..... 24 km

🕒 8 – 10 h

🚩 Sigulda Railway Station Square

🚩 Līgatne TIC

📍 Sigulda (Pils street – Līvkalna street – Miera street) – Līgatne Nature Trails – Līgatne (across Dārza and Brīvības streets).



Predominantly forest roads, forest and country trails, wooden stairs by Mound Paradīzes, paved roads and sidewalks in Sigulda and Līgatne.



Medium



Some stretches of trails and river slopes in the ancient valley of Gauja may be slippery in damp conditions and winter. Swimming in Gauja River can be dangerous!



The Vējupīte ravine is a great cross-country skiing destination during snowy winters. The Nurmiži Nature Reserve is not open to visitors.



You may take Gauja street in Sigulda – forest trails along the Gauja River will lead you to Vējupīte.



WORTH SEENING!

- 1 Sigulda Railway Station Square.**
GPS: 57.15352, 24.85391
- 2 Sigulda Lutheran Church.** Damaged in the Polish-Swedish battles during the Livonian War. During the Soviet Era, this was the only church in Sigulda.
GPS: 57.16241, 24.85202
- 3 Ravine of the River Vējupīte** and the Kraukļu Gorge, Kraukļu Cave, Mound Paradīzes, Satezeles Hillfort and Peter's Cave. GPS: 57.17115, 24.87634
- 4 Kraukļu Gorge.** A 5 m deep cave has formed in the 11.5 m high ravine.
GPS: 57.17416, 24.86777
- 5 Mound Paradīzes.** Also called the Painters' Mound, since the breath-taking landscape inspired Latvian painters J. Feders, V. Purvītis and J. Rozentāls.
GPS: 57.17521, 24.86575
- 6 Elpu Rock.** 90 m wide sandstone outcrop.
GPS: 57.24420, 24.95366
- 7 Launaga Rock.** On the other bank of the river. GPS: 57.25068, 24.97147
- 8 Līgatne Nature Trails.** The 5 km long nature trail offers a chance to observe local wildlife and birds. +371 64153313, 28328800; GPS: 57.24798, 25.01529
- 9 Jumpravu Rock.**
GPS: 57.24986, 25.02921
- 10 Līgatne Net Park.** 4–7 m high net labyrinths among treetops.
+371 25779944; GPS: 57.23612, 25.03751
- 11 Līgatne.** Industrial heritage.
GPS: 57.23743, 25.04182

SERVICES



Accommodations

- 1. Glamping "Klaukas",**
+371 27489107; GPS: 57.17766, 24.86545
- 2. Conference and Retreat Complex "Ratnieki",** +371 26445211, 64155688;
GPS: 57.22306, 24.96069
- 3. Christian Retreat Center „Gančauskas”**
+37164129237; GPS: 57.24563, 24.94025
- 4. Guest House "Avoti",**
+371 25141190; GPS: 57.23665, 25.01557

In Sigulda:

www.tourism.sigulda.lv/accomodation/

In Līgatne:

www.visitligatne.lv/kurgulet



Catering

In Sigulda:

www.tourism.sigulda.lv/catering-en/

In Līgatne:

- 1. "Zeit Café",** +371 25779944;
GPS: 57.23608, 25.03759
- 2. "Vilhelmīnes dzirnavas",**
+371 27551311; GPS: 57.23354, 25.04024
- 3. "Pie Jančuka",**
+371 29149596; GPS: 57.23254, 25.04291



Public transport

Buses and trains ensure regular transit between Sigulda and Augšlīgatne (route timetables: www.1188.lv), buses from Augšlīgatne to Līgatne and Gaujasmala located 6–7 km away travel at less frequent intervals (~ 7 times per day).



Shops

Shops in Sigulda and Līgatne. Coffee and sweet treats available at the Līgatne Nature Trails visitor centre.



Rest areas

- 1. By the ravine of River Vējupīte,**
GPS: 57.17326, 24.86683
- 2. Water tourist camp "Vējupīte",**
🔥 ⚠️ GPS: 57.17767, 24.86169
- 3. Water tourist camp "Bērzi",**
🔥 ⚠️ GPS: 57.21645, 24.90246
- 4. By Vildoga,** GPS: 57.24671, 24.96093
- 5. Water tourist camp "Katrīnas",**
🔥 ⚠️ GPS: 57.25192, 25.01769
- 6. Līgatne Nature Trails,**
The 5 km long nature trail offers a chance to observe local wildlife and birds.
+371 64153313, 28328800.
GPS: 57.24798, 25.01529

TOURIST INFORMATION:



Līgatne Nature Trails. The 5 km long nature trail offers a chance to observe local wildlife and birds.
www.ligatnesdabastakas.lv,
+371 64153313, 28328800;
GPS: 57.24798, 25.01529



Sigulda Municipality TIC,
Ausekļa street 6, Sigulda,
www.tourism.sigulda.lv,
+371 67971335; GPS: 57.15320, 24.85378



Līgatne TIC, Līgatne, Sprīņu street 2,
www.visitligatne.lv,
+371 64153169, 29189707;
GPS: 57.23352, 25.03968