

Nida – Pervalka

Along the coast of the Curonian Lagoon

The Baltic Coastal Hiking Route starts in the center of Nida, by the port. In Nida, the trail winds along the Curonian Lagoon walkway which offers beautiful views of the expansive waters all the way to Rusnė Island on the east coast of the Curonian Lagoon. Nida features the typical architecture of the Curonian Spit region — one-storey wooden buildings with tile or reed roofs and window shutters painted blue and white. From Nida to Bulvikis Cape (shortly before the cape there is an abandoned runway), the Baltic Coastal Hiking Route winds through single-track forest trails up and down the pine-covered dunes, occasionally coming out onto beachside meadows with scarce vegetation. Rest spots and bird watching towers are available along the trail. The next section features unique open seaside meadows covered in lichens and vegetation characteristic to the Curonian Spit. The Baltic Coastal Hiking Route follows the coastal walkway in the village of Preila. It then winds through forest trails, briefly also following a pedestrian/cyclist lane and coastal paths, eventually reaching Pervalka. This section leads through the Curonian Spit National Park.



PRACTICAL INFORMATION

●●●●● 18 km

🕒 4–6 h

🚩 Nida, Nida port

🚩 Pervalka

📍🚶📍 Nida – Preila – Pervalka

🟢 Easy



Cobblestones and pavement, pedestrian paths and beachside walkways in populated areas. Forest trails with natural surface elsewhere and sand in some places.



At high water (in early spring and late autumn), a short section of the trail between Nida and Preila may be flooded.



Be careful at the washed-out coastline as it can easily collapse!



Accommodation needs to be booked in advance in the summer season. In spring and early summer, various species of birds (such as the Common shelduck) nest in the Curonian Lagoon, therefore visitors are urged to be especially quiet so as not to disturb the birds during nesting and feeding.



The section can also be hiked along the sandy beaches lining the Baltic Sea.



WORTH SEEING!

- 1** **Writer Thomas Mann Memorial Museum and the Italian Landscape observation deck.** T: +370 46952260; GPS: 55.31347, 21.01348
- 2** **Bird watching towers.** You can find as many as 6 bird watching towers built near the lagoon to help you watch the waterbirds. GPS: 55.32539, 21.04481; GPS: 55.33864, 21.05273; GPS: 55.38689, 21.07446; GPS: 55.39228, 21.07644; GPS: 55.40183, 21.09359
- 3** **Vecekrugas Dune.** At the height of 67 meters, Vecekrugas Dune is the highest spot in the Curonian Spit. The observation deck on the top of the dune provides beautiful views of the sea and the lagoon. GPS: 55.35455, 21.03911
- 4** **Preila Dune.** Steps to reach the Preila Dune presenting some of the most picturesque views of the lagoon were built in 2020. GPS: 55.36835, 21.05298
- 5** **F. Labrenz House.** A historical display and exhibition hall are located in the recently renovated house of F. Labrenz, Senior Specialist of Preila. GPS: 55.36927, 21.05894
- 6** **Goat Cape** is the favorite resting spot of cormorants and other waterbirds. GPS: 55.38426, 21.07872
- 7** **Karvaičiai Dune.** Long ago, the shifting sand buried the Village of Karvaičiai underneath it. The Dune was tamed with the help of mountain pines. Mesmerizing views of the lagoon can be seen from the top of the Dune. GPS: 55.38870, 21.06471
- 8** **Skirpstas Dune.** GPS: 55.409301, 21.074855

SERVICES

Accommodations

- 1. Campsite "Nida",** T: +370 68241150; GPS: 55.29874, 20.98227
 - 2. Suites "Kopa",** T: +370 61184244; GPS: 55.41604, 21.09976
 - 3. Suites "Banga",** T: +370 61184244; GPS: 55.41496, 21.09743
 - 4. Guest house "Baltija",** T: +370 65796990; GPS: 55.41540, 21.09813
 - 5. Guest house "Dainava",** T: +370 65907181; GPS: 55.41438, 21.09575
 - 6. Leisure Suites,** T: +370 69820472; GPS: 55.41384, 21.09692
- More accommodation choices in Nida, Preila and Pervalka:
www.visitneringa.com
www.priejuros.lt

Catering

- 1. Cafe "Sakutis",** T: +370 46952557; GPS: 55.30294, 21.00696
- 2. Outdoor Cafe "Kaštonas",** T: +370 60796609; GPS: 55.30314, 21.00785
- 3. Cafe "Kuršis",** T: +370 46952804; GPS: 55.30474, 21.00659

4. Cafe "Kuršmarių vila",
T: +370 68556317; GPS: 55.36843, 21.05767

5. Cafe "Lyra", T: +370 61246447;
GPS: 55.37482, 21.06818

6. Snack Bar and Pub "Vėjopačio užgaida",
T: +370 65690604, GPS: 55.41416, 21.09548

7. Pizzeria "La Pervalga",
T: +370 65666265; GPS: 55.41542, 21.09727

8. Cafe "Marių akis", T: +370 61536306;
GPS: 55.41416, 21.09550

More places to eat in Neringa:
www.visitneringa.com

Shops

"Maxima" in Nida,
GPS: 55.30433, 21.00586

Grocery store in Preila,
GPS: 55.37113, 21.06204

Grocery store in Pervalka,
GPS: 55.41664, 21.09858

Pharmacies

1. "Euro vaistinė" in Nida,
GPS: 55.30433, 21.00586

2. "Camelia vaistinė" in Nida,
GPS: 55.30284, 21.00390

ATMs

"Swedbank", GPS: 55.30527, 21.00650

"SEB", GPS: 55.30474, 21.00660

"Citadele", "Šiaulių bankas",
GPS: 55.30474, 21.00660



Public transport

The bus runs from Nida to Smiltynė every hour in the summer season (from 7 AM to 9 PM every day) and four times per day in the off-season. Please note that not all of the buses will take you to Preila and Pervalka. Timetable: www.kopos.lt



Rest areas

1. Bulvikis,
GPS: 55.33528, 21.05218

2. „Rožių Krūmas“,
GPS: 55.35746, 21.05360

TOURIST INFORMATION



Neringa TIC „Agila“,
Nida bus station, Naglių st. 18E, Nida,
www.visitneringa.com,
T: +370 46952345;
GPS: 55.30413, 21.00736



Visitor Center of Curonian Spit
National Park, Naglių st. 8, Nida,
<https://nerija.lrv.lt>,
T: +370 67100872;
GPS: 55.30199, 21.00651