



Kabli – Hädemeeste

Birds, Dunes and Forests



This itinerary is particularly recommended for birdwatchers. To cover the section of the *Baltic Coastal Hiking Route* connecting *Kabli* and the South of *Hädemeeste*, you will have to take the old *Pärnu–Riga* road because reedy meadows and lagoons stretch across the seashore. Before reaching *Hädemeeste*, the *Baltic Coastal Hiking Route* branches off from the road and meanders through *Jaagupi* Nature reserve (going around the east side of the village) running up the backs of high dunes and scooting down to the deep troughs between the dunes covered with a sparse pine forest. Here you will find good places for picking berries and mushrooms.



USEFUL INFORMATION

..... 11 km

⌚ 4–6 h

🚩 The Centre of *Kabli*.
Opposite the *Kabli* Community
Centre – **P**

🚩 *Hädemeeste*, *Metsa tänav*
Street next to the *Tallinn –*
Riga [E67, No. 4] road

📍🚶 Kabli – Krundiküla –
Hädemeeste



Asphalt (the old *Pärnu–Riga* road), forest roads and trails, gravel road.



Easy



Brooks and streams can be crossed via bridges.



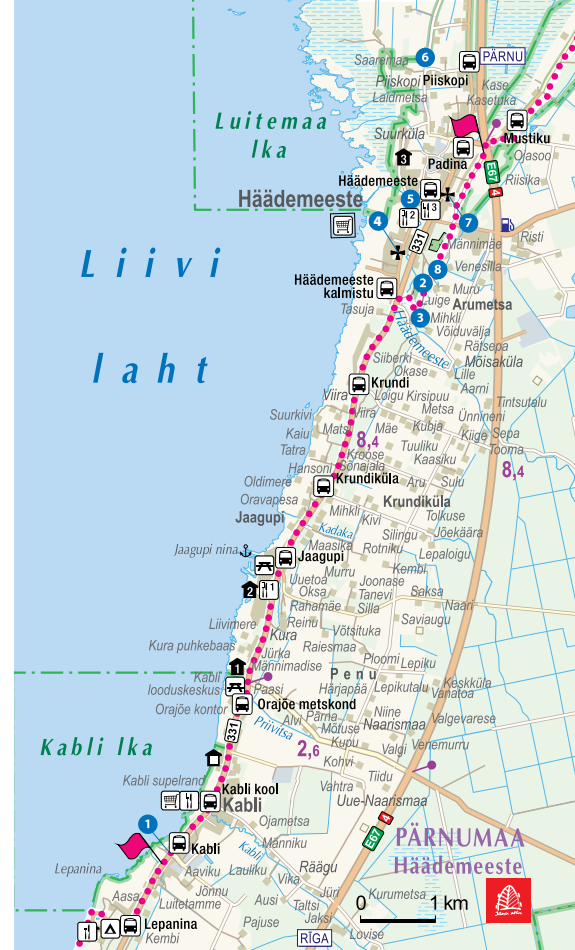
During high season, there may be heavy traffic on the old *Pärnu–Riga* road, which is why you have to be careful when walking along the roadside and when crossing it.



You will need suitable (closed) footwear and walking poles for support. You should avail yourself of binoculars for bird watching.



After completing the itinerary, it is worth devoting 1–2 h to visiting *Hädemeeste*. Vigorous walkers can combine this section with the one from the previous day and start in *Ikla*.



WORTH SEEING!

- 1 Kabli village.** A former fisherman's village and shipbuilding place with a beautiful beach and bird watching station.
GPS: 58.00100, 24.43651
- 2 Jaagupi Reserve (*Jaagupi hoiuala*).** The trail crosses dunes covered with forest and a protected natural territory suitable for preserving the natural habitat.
GPS: 58.06902, 24.49522
- 3 Häädemeeste village.** A populated area which is known as a place where historical sailing ships were built, also it is recognized for its seashore meadows and dunes, there are even legends that UFOs have been seen here.
GPS: 58.06757, 24.48886
- 4 Häädemeeste Orthodox Church (*Häädemeeste õigeuskirik*).** A church built in 1872 with a proud three-storey iconostasis and unique architecture.
GPS: 58.07285, 24.48898
- 5 Häädemeeste Museum.** Objects and stories provide insight into the daily life of Häädemeeste's shipbuilders and sailors.
T: +372 5051658; GPS: 58.07815, 24.49234
- 6 Häädemeeste meadows (*Häädemeeste rannaniit*).** As a result of cattle grazing here, plain seaside pastures, characteristic to Western Estonia, developed here. GPS: 58.09620, 24.49565
- 7 Häädemeeste Saint Michael's Church (*Mihkli kirik*).** The nature stone church built in 1874 is enlivened by red brick details and two rows of windows.
GPS: 58.07968, 24.49912
- 8 Häädemeeste sand dunes.** Sand dunes, also called the Hills of Lamprey (*Vingerja mäed*).
GPS: 58.06979, 24.49672

SERVICES



Accommodations

- 1. Beach house *Rannakodu*** (in summer),
T: +372 56492074;
GPS: 58.0233333, 24.4519444
- 2. Cosmonautics holiday centre *Kosmonautika Puhkekeskus*,**
T: +372 5034829;
GPS: 58.0325000, 24.4563889
- 3. Holiday home *Kollamaa Puhkemaja*,**
T: +372 56561373;
GPS: 58.0841667, 24.4900000



Catering

- 1. Cosmonautics holiday centre *Kosmonautika Puhkekeskus*,**
T: +372 5034829;
GPS: 58.0325000, 24.4563889
- 2. Home cafe *Astu tasa üle silla*,**
T +372 55920838;
GPS: 58.07696, 24.49159
- 3. Häädemeeste tavern *Magic*,**
T: +372 5527654;
GPS: 58.078019, 24.498099



Shops

Kabli GPS: 58.007087, 24.445303 and
Häädemeeste, GPS: 58.078482, 24.498446

Häädemeeste pharmacy
GPS: 58.0826, 24.5008



Public transport

Bus traffic Kabli-Häädemeeste
approximately 8 times a day.



Rest areas

Rest area *Romantiline Rannatee*,
Penu village GPS: 58.03526, 24.45771

TOURIST INFORMATION



Pärnu Visitor Centre, Pärnu, Uus 4,
www.visitPärnu.com, T: +372 53304134;
GPS: 58.385303, 24.49909

