

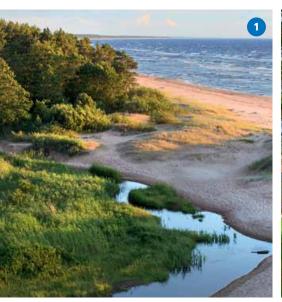


Carnikava - Saulkrasti

The Sunset Trail With Romantic Sunset Vistas



Initially, the itinerary leads you through the *Gauja* River levees in *Gauja* village reaching the estuary of the *Gauja* River, which is a good place for bird watching. The hike continues along a sandy beach up to the estuary of the *Inčupe* River, before which you have to turn inland to get to a bridge and to cover the next couple of kilometers across the wooded dune tops of the Sunset Trail with a view of the beach. After crossing the *Pēterupe* River (cable bridge), the *Baltic Coastal Hiking Route* continues along the beach and reaches the Sea Park in *Saulkrasti*.





USEFUL INFORMATION



20 km



7-9 h



The pedestrian bridge in Carnikava across the Gauja River, next to P



Saulkrasti Sea Park, Saulkrasti TIC



Carnikava—the Gauja River— Lilaste—Pabaži—Saulkrasti



Asphalt, gravel roads, the *Gauja* River levee (lawn), occasionally sandy roads (near the banks of the *Gauja* River), sandy beaches, forest trails and plank trails on the Sunset Trail. As you approach *Saulkrasti*, there is also fine gravel.



Medium



The small Starpiņupīte River, which you can wade across during low water, but after strong rains you have to take the detour to the A1 road. It is planned to build a pedestrian bridge across the small Lilaste River next to the sea. The Inčupe River and the Pēterupe River can be crossed via a bridge.



It is dangerous to wade and swim in the Gauja River and its estuary (the current, silt and shallow places alternating with deep ones). A former Soviet military site is located in the dunes between the mouth of the *Lilaste* River and *Bātciems* village.



There are no catering companies on the beach between *Carnikava* and *Saulkrasti*. You should avail yourself of binoculars for bird watching. A nudist beach is located before *Saulkrasti*.



The mouth of the *Gauja* River next to the sea can be crossed by raft (12 people, to be booked in advance, for an additional fee): +371 29214438. After passing the mouth of the *Inčupe* River, the main itinerary goes through the Sunset Trail, but the distance can be covered via the beach.

COASTALHIKING.EU

WORTH SEEING!

- 1 Nature Park Piejūra (Seaside).
 There are important protected habitats from Carnikava to the Inčupe River: embryonic dunes, foredunes and coastal dunes covered with old forests.

 GPS: 57.161387, 24.268422
- The White Dune and the *Inčupe* River.
 The most beautiful place in this section of the itinerary in terms of landscape.
 GPS: 57.23491, 24.39173
- 3 The Sunset Trail. A scenic trail (3,6 km) for a walk in the dunes, which connects the *Inčupe* River and the *Pēterupe* River and where you can see the most beautiful sunsets. GPS: 57.23503, 24.39192
- Saulkrasti Bicycle Museum. The only museum in Latvia dedicated to bicycles with unique exhibits. T: +371 28883160; GPS: 57.24189, 24.40109
- The Pabaži Dunes and the Pēterupe River.
 Beautiful scenic places to see panoramic views of the sea and the flow of the Pēterupe River (1 km) in parallel with the sea. You will see some great pines and oddly shaped trees on your way.
 GPS: 57.24280, 24.39855
- The historic center of Pēterupe.
 The Pēterupe Lutheran Church, the priest's manor, the town center.
 GPS: 57.26087, 24.41655
- 7 The Sea Park and Blue Flag swimming area Centrs. GPS: 57.26664, 24.41103

SERVICES



Accommodations

1. Hotel *Pine Resort*, T: +371 67951960;

GPS: 57.23854, 24.39813

2. Guest house VinDen, T: +371 26558349;

GPS: 57.24736, 24.40395

3. Guest house Pie Maijas,

T: +371 29405480, T: +371 25873406;

GPS: 57.25734, 24.41399

4. Guest house Saulrieti,

T: +371 67951400, T: +371 29407267;

GPS: 57.26207, 24.41019



Catering

1. *Baltā kāpa*, T: +371 29113766; GPS: 57.23302, 24.39335

2. Restaurant Pino (in summer),

T: +371 26326916;

GPS: 57.23854, 24.39813

3. Cietais rieksts, T: +371 22079570;

GPS: 57.24683, 24.40476

4. Bemberi, T: +371 67952236;

GPS: 57.26292, 24.41447

5. 10 balles, T: +371 67952873;

GPS: 57.26332, 24.41474

6. Costa del Sol (in summer), T: +371 29378620;

GPS: 57.26634, 24.41154

7. Mare (in summer), T: +371 29216204;

GPS: 57.26719, 24.41186

8. Saules dārzs (in summer), T: +371 26304868, +371 28386518;

GPS: 57.26723, 24.41351





Shops

In Carnikava and Saulkrasti.



Public transport

Train transport connects *Carnikava* and *Saulkrasti* (~ 14 times per day). Bus transport connects *Carnikava* and *Saulkrasti* (~ 6 times per day).



Rest areas

Sidrabsaliņa, GPS: 57.143680, 24.325053 The Sunset Trail, GPS: 57.23444, 24.39197 and GPS: 57.23506, 24.39190 Jūras parks, GPS: 57.26634, 24.41130

TOURIST INFORMATION



Saulkrasti TIC, Saulkrasti, Ainažu iela 13b, www.visitsaulkrasti.lv, T: +371 67952641; GPS: 57.26714, 24.41276

