



Kaltene – Mērsrags

The Multifarious Coast



A truly multifaceted section of the *Baltic Coastal Hiking Route* in terms of nature, cultural history and scenery. Near Kaltene village, the seashore is speckled with small coves with rocky beaches followed by a thickly overgrown coast where a narrow trail winds its way through reeds and lush vegetation. Further on, the seacoast covered in stones is only a couple of meters wide, in some places it has layers of clay, fields of reeds, in other places, it is carpeted with the algae washed ashore. Sandy beaches with shoals in the sea reappear between Valgaciems village and Mērsrags village. After passing Mērsrags village, the itinerary continues on a road, but when you reach the Lutheran church it turns towards the sea and goes through the coastal meadows as far as the center of Mērsrags village.



USEFUL INFORMATION

..... 24 km (L) 8-10 h

 The Kaltene Lutheran Church

 Mērsrags Tourism information center, 

 Kaltene – Valgaciems – Upesgrīva – Mērsrags

 Near Kaltene and Valgaciems village, there are rocky bays with seaweeds washed ashore, in many places, reeds and seacoast covered in rich vegetation (surpassing the height of a person). When you reach Valgaciems village, there are sandy and rocky beaches, gravel beaches, in places, clay. In the surroundings of Upesgrīva village, the beaches are covered in sand and (fine) gravel. A short section of the road in

Mērsrags village is covered in asphalt, further on: coastal meadows (trails).

 Hard up to Valgaciems village

 Easy from Valgaciems to Mērsrags.

 In some places, the beach becomes narrower (when the winds create an inflow of water), but it can be bypassed. You can wade across the brooks and the Grīva River (a bridge around 0,4 km away from the sea) during low water. In the meadows of Mērsrags, you have to cross a ditch over a plankway.

 You have to be careful when walking across the rocky beach as the stones can be damp, slippery (overgrown with seaweeds) and can move.

 In case of strong NE and E winds, the coast may be awash with waves in some places. Then it is necessary to choose alternative forest trails or coastal roads. A lot of algae is washed ashore and rotting. Suitable (closed, water resistant) footwear is necessary, walking poles are advisable for support. You should avail yourself of binoculars for bird watching.

 Between Valgaciems village and Upesgrīva village several trails stretch for ~ 3 km in the forest alongside the sea. For ~ 6 km, Upesgrīva and Mērsrags are connected by a forest road and trails that can be used in case of strong wind.



Rīgas jūras līcis



WORTH SEEING!

- 1** **Mērsrags Lighthouse.** T: +371 28325803; GPS: 57.36547, 23.12011
- 2** **Viewing towers.** 57.36544, 23.12241; GPS: 57.34436, 23.12376
- 3** **The Mērsrags Evangelical Lutheran Church.** GPS: 57.35391, 23.12430
- 4** **Museum Saita Nams.** T: +371 63235995; GPS: 57.34878, 23.12146
- 5** **The North Pier of Mērsrags Port.** GPS: 57.33529, 23.14123

SERVICES

Accommodations

- 1. Holiday home Raudīni,** T: +371 26345921; GPS: 57.43400, 22.90746
- 2. Holiday home Lettland,** T: +49 651 689101, GPS: 57.41640, 22.93776
- 3. Guest house Lēveri,** T: +371 29235485, 29481598; GPS: 57.41751, 22.92952
- 4. Campsite Vasaroši,** T: +371 22409683; GPS: 57.41066, 22.94921
- 5. Holiday home Birzītes,** T: +371 26538894; GPS: 57.40414, 22.95508
- 6. Holiday home Sniedziņi,** T: +371 26536652; GPS: 57.41010, 22.94851
- 7. Holiday home Audas,** T: +371 29285404; GPS: 57.38756, 23.00629
- 8. Campsite Stieres,** T: +371 29408291, 26583075; GPS: 57.38278, 23.01834
- 9. Apartment Nāriņas,** T: +371 27523691, GPS: 57.38625, 23.01483
- 10. Tent area Krastiņi,** T: +371 26812119; GPS: 57.38361, 23.02129
- 11. Tent campsite Knaģi,** T: +371 26842413; GPS: 57.38066, 23.02688

- 12. Guest house Bērzlejas,** T: +371 27523691, 29241417; GPS: 57.37663, 23.03021
- 13. Campsite Noras,** T: +371 20037000, 20038000; GPS: 57.36553, 23.12038
- 14. Guest house Cerību liedags,** T: +371 29264207; GPS: 57.35732, 23.10243
- 15. Campsite Saules kempings,** T: +371 26126205, GPS: 57.35784, 23.12956
- 16. Holiday home Jaunbodnieki,** T: +371 28866784, 29761167; GPS: 57.34552, 23.11498
- 17. Youth hostel Mērsraga vidusskola,** T: +371 63237841; GPS: 57.34469, 23.11089
- 18. Guest house Vētrasputns,** T: +371 29717383; GPS: 57.33964, 23.11814
- 19. Yacht center Mērsrags,** T: +371 29409290; GPS: 57.33434, 23.13347
- 20. Guest house Zālītes,** T: +371 29421069; GPS: 57.32850, 23.09851
- 21. Holiday home Sauleskrasti,** T: +371 27727772; GPS: 57.32552, 23.10034
- 22. Tent campsite Auči,** T: +371 26300016; GPS: 57.32729, 23.13041
- 23. Campsite Bebri,** T: +371 29264008; GPS: 57.31886, 23.09266



Catering

- 1. Nāriņa,** T: +371 27523691, 29241417; GPS: 57.38624, 23.01445
- 2. Stieres,** T: +371 29408291, 26583075; GPS: 57.38265, 23.01821
- 3. Vētrasputns,** T: +371 29717383; GPS: 57.33976, 23.11793
- 4. Kreses,** T: +371 26511167, 29278642; GPS: 57.33713, 23.12351



Shops

In Kaltene, GPS: 57.45228, 22.89146, in Upesgrīva, GPS: 57.38627, 23.01470, in Mērsrags, GPS: 57.33868, 23.12107; GPS: 57.33688, 23.12294; GPS: 57.33630, 23.12262

Public transport

Bus transport connects Kaltene and Mērsrags (~ 5 times per day).



Rest areas

In Valgalmciems village, GPS: 57.40934, 22.95126 Next to the Mērsrags Lighthouse, GPS: 57.36668, 23.12022

TOURIST INFORMATION



Mērsrags IC, Zvejnieku iela 2, Mērsrags, GPS: 57.33665, 23.12287, www.mersrags.lv, T: +371 63237704